



# CHIROPRACTIC REGISTRATION & HISTORY

Portsmouth Family Chiropractic ♦ Orchard Park ♦ 875 Greenland Road, Suite B-1 ♦ Portsmouth, NH 03801  
Ph 603.427.1100 ♦ Fax 603.427.5595

## 1. PATIENT INFORMATION

Name \_\_\_\_\_ MI \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_  
Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_ Male ☐ Female ☐  
SS# \_\_\_\_\_ Marital Status? M ☐ D ☐ S ☐ W ☐  
Children? Yes ☐ No ☐ How Many? \_\_\_\_\_ Ages \_\_\_\_\_  
Do your children see a Chiropractor? Yes ☐ No ☐  
Best number to reach you? Home ☐ Work ☐ Other ☐  
Best time to reach you? \_\_\_\_\_ AM ☐ PM ☐  
Home Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Work Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Ext \_\_\_\_\_  
Other Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Email \_\_\_\_\_  
Would you like to receive our online newsletter? Yes ☐ No ☐  
Employer \_\_\_\_\_

## 2. CONTACT INFORMATION

In case of emergency, please contact:  
Name \_\_\_\_\_  
Relationship \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Work Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Ext \_\_\_\_\_  
Other Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Spouse's contact information (if different):  
Name \_\_\_\_\_  
Home Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Work Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Ext \_\_\_\_\_  
Other Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Whom may we thank for referring you?  
\_\_\_\_\_

## 3 HEALTH HISTORY

What treatment have you already received for your condition? (check all that apply)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Prescription medications     | <input type="checkbox"/> Massage          | <input type="checkbox"/> Chiropractic Services |
| <input type="checkbox"/> Over-the-counter medications | <input type="checkbox"/> Acupuncture      | (Chiro Name _____)                             |
| <input type="checkbox"/> Surgery                      | <input type="checkbox"/> Homeopathy       | <input type="checkbox"/> Other _____           |
| <input type="checkbox"/> Physical Therapy             | <input type="checkbox"/> Herbal Therapies |  |

(Female only) Are you pregnant? No ☐ Yes ☐ Due Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Check the box for any/all categories that apply to your past or current situation.

- |  |                                       |  |   |  |
|--|---------------------------------------|--|---|--|
| <input type="checkbox"/> AIDS/HIV                | <input type="checkbox"/> Diabetes     | <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Prosthesis       | <input type="checkbox"/> Vaginal Infection   |
| <input type="checkbox"/> Anorexia                | <input type="checkbox"/> Emphysema    | <input type="checkbox"/> Mononucleosis       | <input type="checkbox"/> Psychiatric Care | <input type="checkbox"/> Venereal Disease    |
| <input type="checkbox"/> Appendicitis            | <input type="checkbox"/> Epilepsy     | <input type="checkbox"/> Multiple Sclerosis  | <input type="checkbox"/> Rheumatic Fever  | <input type="checkbox"/> Other (please list) |
| <input type="checkbox"/> Bleeding Disorder       | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Osteoporosis        | <input type="checkbox"/> Skin Disorder    | _____  |
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Fractures    | <input type="checkbox"/> Parkinson's Disease | <input type="checkbox"/> Stroke           | _____  |
| <input type="checkbox"/> Childhood Immunizations | <input type="checkbox"/> Glaucoma     | <input type="checkbox"/> Polio               | <input type="checkbox"/> Tonsillitis      | _____  |
| <input type="checkbox"/> Depression              | <input type="checkbox"/> Gout         | <input type="checkbox"/> Prostate Disease    | <input type="checkbox"/> Tuberculosis     | _____  |
|  | <input type="checkbox"/> Hepatitis    |  | <input type="checkbox"/> Tumors/Growths   | _____  |
|  | <input type="checkbox"/> Herpes       |  | <input type="checkbox"/> Ulcers           | _____  |

### MEDICATIONS

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### ALLERGIES

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### VITAMINS/HERBS/SUPPLEMENTS

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### TRAUMA or INJURY Description / Reason

Category		Date
Your Birth	Normal Vaginal ____ C-section ____ Forceps ____ Vacuum Extraction ____ Other ____	_____
Falls / Accidents	_____	_____
Head Injuries	_____	_____
Broken Bones	_____	_____
Dislocations	_____	_____
Surgeries	_____	_____

#### 4. FINANCIAL UNDERSTANDING

##### Insurance Providers / Third Party Contracts

We recognize that many of our patients participate in group health insurance plans, including Medicare. Some may even be seeking care based on an accident or injury and are contracting with an attorney or Workman's Compensation. Our professional services, however, are charged to the patient receiving care and not the insurance provider or third party. At the close of each visit, we will supply you with a detailed patient statement that should satisfy your insurance documentation requirements. By eliminating insurance interactions, we are able to keep our business office streamlined, maintain lower costs and provide you with the best Chiropractic healthcare, without disruption or negotiation.

In the event a dispute arises between you and your provider, we will do our best to provide you with reports or documentation that may be helpful in receiving any reimbursement you are entitled. We will not become involved in discussions with your insurance company regarding deductibles, co-pays, covered charges, diagnostic codes, secondary insurance, "usual and customary" charges, etc., other than to reply to factual information.

##### Forms of Payment

Patients are responsible for full payment at the time of service. To make this easy for you, we accept Mastercard, Visa, American Express, Discover and Debit cards, as well as personal checks and cash. We believe that Upper Cervical Care dramatically changes the lives of our patients. If your inability to pay our fees is affecting your decision to obtain care, please let us know and we'll discuss options that are available to you.

Thanks for your understanding, but most of all – thanks for giving us an opportunity to serve you !

Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Patient  
Comments \_\_\_\_\_

#### 5. PATIENT CONDITION

Reason for visit or primary complaint? \_\_\_\_\_

When did your symptoms first appear? \_\_\_\_\_ Immediate onset ☐ Gradual onset ☐

Can you recall an event/activity that caused the onset of symptoms? Yes ☐ No ☐ If yes, please describe: \_\_\_\_\_

Is your condition due to an accident? Yes ☐ No ☐ If yes, please provide date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Type of accident: Auto ☐ Work ☐ Other ☐ \_\_\_\_\_

Is your condition or health getting progressively worse? Yes ☐ No ☐ Not Sure ☐

Rate the severity of your pain on a scale from 1 (least pain) to 10 (severe pain) \_\_\_\_\_

What is your overall level of physical energy? Energetic ☐ Normal ☐ Fatigued ☐

<b>Describe your pain or discomfort (check all that apply):</b> <input type="checkbox"/> Sharp <input type="checkbox"/> Throbbing <input type="checkbox"/> Numbness <input type="checkbox"/> Shooting <input type="checkbox"/> Aching <input type="checkbox"/> Burning <input type="checkbox"/> Cramping <input type="checkbox"/> Stiffness <input type="checkbox"/> Swelling <input type="checkbox"/> _____	<b>These conditions affect:</b> <input type="checkbox"/> Work <input type="checkbox"/> Daily Routine <input type="checkbox"/> Sleep <input type="checkbox"/> Recreation <input type="checkbox"/> Relationships <input type="checkbox"/> _____	<b>Difficult movements:</b> <input type="checkbox"/> Sitting <input type="checkbox"/> Standing <input type="checkbox"/> Walking <input type="checkbox"/> Bending <input type="checkbox"/> Lying Down <input type="checkbox"/> _____	<b>What are your health goals?</b> <input type="checkbox"/> Reduce Pain <input type="checkbox"/> Eliminate Pain <input type="checkbox"/> Restore Health <input type="checkbox"/> Achieve Wellness <input type="checkbox"/> _____
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<b>EXERCISE</b> <input type="checkbox"/> None <input type="checkbox"/> Occasional <input type="checkbox"/> Weekly <input type="checkbox"/> Daily <input type="checkbox"/> Heavy/Competitive What types? _____ _____	<b>WORK ACTIVITY</b> <input type="checkbox"/> Sitting <input type="checkbox"/> Standing <input type="checkbox"/> Typing <input type="checkbox"/> Light labor <input type="checkbox"/> Heavy labor Occupation? _____ _____	<b>PERSONAL HABITS</b> <input type="checkbox"/> Sleeping Hours/night _____ <input type="checkbox"/> Smoking Packs/day _____ <input type="checkbox"/> Alcohol Drinks/week _____ <input type="checkbox"/> Caffeine Cups/day _____ Types _____ <input type="checkbox"/> High Stress Reasons _____ <input type="checkbox"/> Other _____
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## TERMS OF ACCEPTANCE FOR CARE

Chiropractic care seeks to improve health through natural means, without drugs or surgery. The primary goal is to remove nerve interference by correcting subluxations and allowing the body to function at its best – this includes the body's innate ability to heal itself. In order to prevent any confusion or misunderstanding, it's important that you understand the objective and method used to obtain this goal.

### TREATMENT

Our method for correcting the spine is specific Upper Cervical Chiropractic adjusting. These procedures are non-force, scientifically researched, safe and effective. We do not diagnose or treat disease other than subluxations. We may recommend lifestyle changes or nutritional programs that benefit certain conditions. However, if during the course of Chiropractic examination, we encounter non-Chiropractic or unusual findings, we will advise you. If you wish to pursue further treatment for those findings, we will recommend another health care provider.

### INSURANCE/THIRD PARTY PAYERS

Many patients participate in group health insurance plans, including Medicare. Some have been involved in an accident or injury and are contracting with an attorney or Workman's Compensation. Our professional services, however, are charged directly to the patient receiving care, and not the third party. At the close of each visit, we will supply a detailed statement that should satisfy your insurance filing requirements. By eliminating insurance interactions, we are able to keep our business office streamlined, maintain lower costs, and provide you with the best Chiropractic healthcare – without disruption or negotiation.

We will do our best to provide you with reports or documentation that may be helpful in receiving reimbursement you are entitled. It is not customary for us to become involved in discussions with your insurance carrier regarding deductibles, co-payments, covered charges, diagnostic codes, secondary insurance, legal claims, "usual & customary" charges, etc., other than to reply to factual information.

### PAYMENT

Patients are responsible for full payment at the time of service, unless arrangements are made in advance. We accept Mastercard, Visa, Discover, American Express, debit cards, as well as personal checks and cash. Additional charges will be assessed for returned checks, missed appointments, missed payments and copying records.

Are you signing this Acceptance as a parent or legal guardian of a minor? YES ☐ NO ☐

Name of Child: \_\_\_\_\_ Age \_\_\_\_\_

Please read and initial each statement:

1. \_\_\_\_\_ I authorize the Doctor and/or associates to perform Chiropractic exams, adjustments and procedures, including diagnostic x-rays for detecting and correcting body imbalance and subluxations of the spine.
  - a. ☐ I am not pregnant. My last menstruation started \_\_\_\_/\_\_\_\_/\_\_\_\_.
  - b. ☐ My child is not pregnant. Her last menstruation started \_\_\_\_/\_\_\_\_/\_\_\_\_.
2. \_\_\_\_\_ I authorize the Doctor and/or associates to exchange information or release office records to process insurance claims.

I have read the above statements regarding services, treatment and finances. I understand the Doctor's objectives pertaining to my/my child's care in this office.

\_\_\_\_\_  
signature

\_\_\_\_\_  
date